COLUMBIA UNIVERSITY

SCHOOL OF NURSING

1981

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School of Nursing
New York, N.Y.
1981

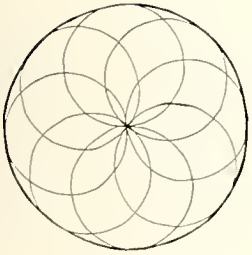
SCHOOL
OF
NURSING
RESIDENCE

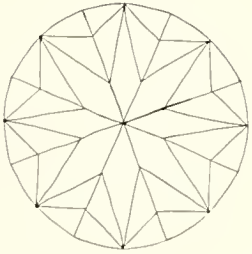
168TH STREET
COLUMBIA-PRESBYTERIAN
MEDICAL CENTER
DON'T
TRUST
YOUR
OVEN!

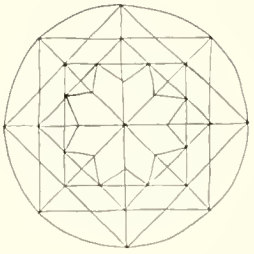
A stream of people has passed through this school. In this book we want to interrupt that flow and look at the group that makes up The Columbia University School of Nursing. It's like the veiw one gets through a kaleidoscope, all the bright separate colorful pieces fall together into a cohesive picture despite their arrangement. We are a group of students, seniors, juniors, and sophomores, each of whom has travelled any one of innumerable paths to Columbia Nursing.

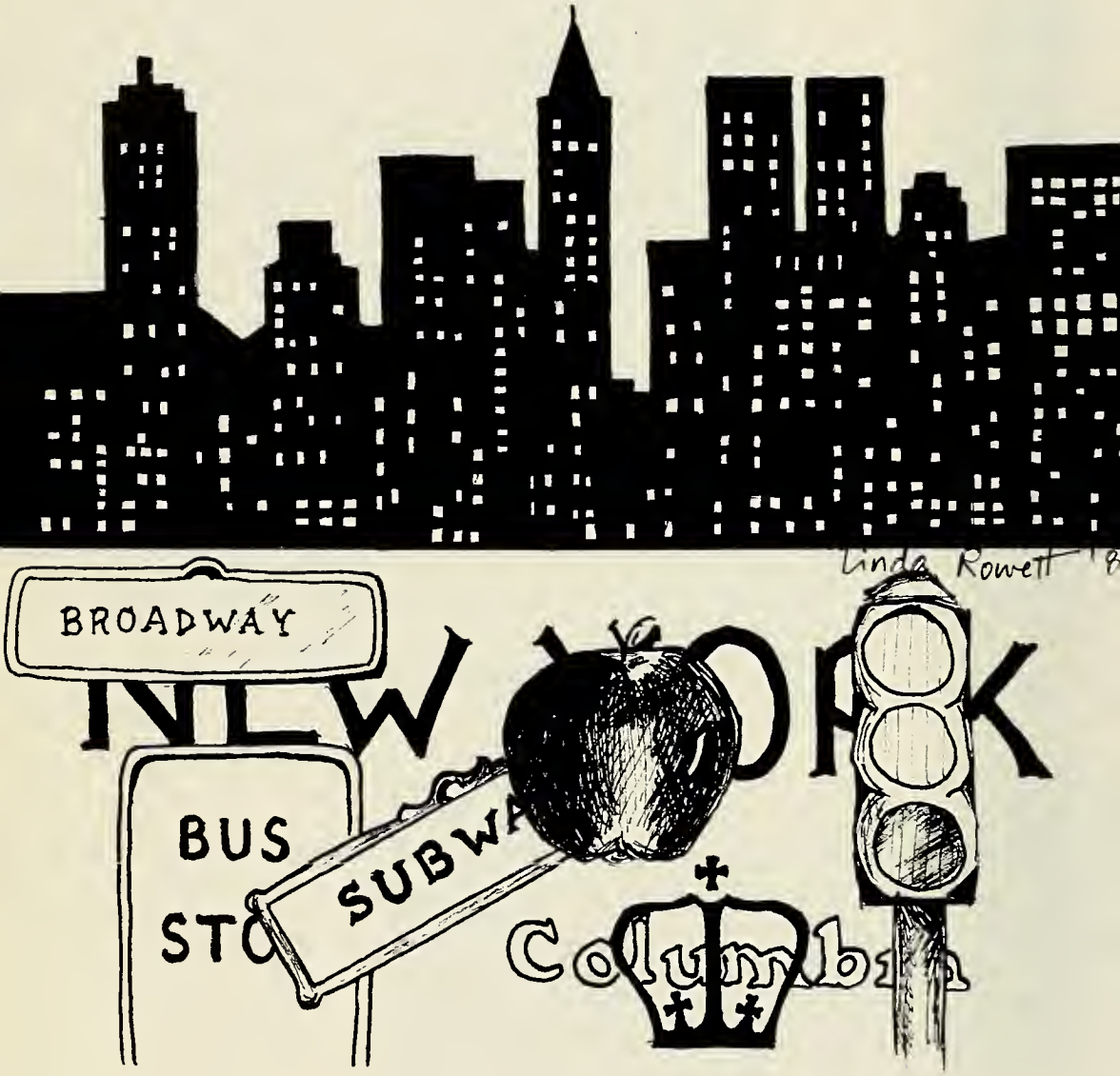
As we put together this book, it's impossible for us to imagine students' reasons and goals in relation to their schooling, such things being individual and private. But ultimately we are here to develop a career, even to redefine ourselves. Much of what we've been through — poor classes, hard work, endless self-criticism — must be endured because there is an end in mind. A product will be engendered; we will become nurses.

Thus, the sense of community or fraternity felt between many of us comes not from the fact that we are, as individuals, alike. It derives from the understanding that we are experiencing our schooling communally. And for some hard to define reason, maybe because our clinical experience links us by its trials and satisfactions, or because we share the goal of becoming nurses, we do form a kaleidoscopic whole.








Linda Rowett '8
BROADWAY
NEW YORK
BUS
STO
SUBWA
Columbia

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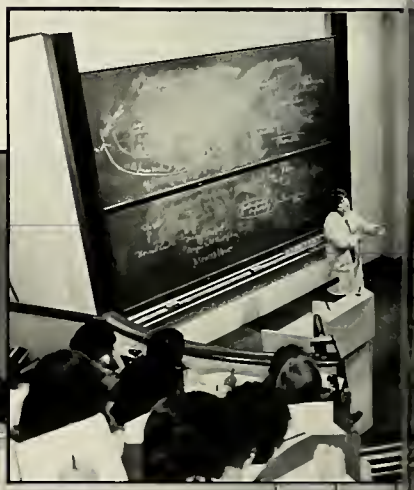
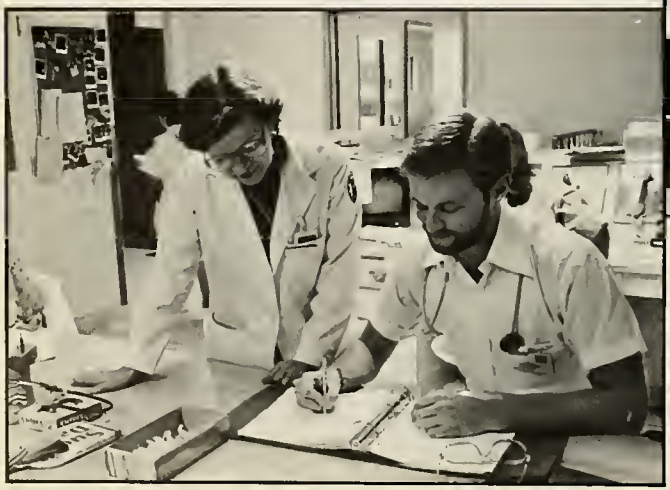
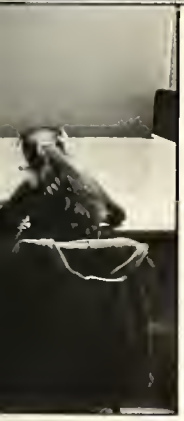




SENIORS

BIG



Christina Alvarado

1979, Alexandria Hospital School of Nursing

To look is one thing.
To see what you look at is another.
To understand what you see is a third.
To learn from what you understand is something else.
But to act on what you learn is all that really matters.

Thor Q. Arnold

B.A. Biology 1977, Queens College C.U.N.Y.

. . . and another one bites the dust.

F. Mercury

Diana Marie Bassil

Generic

Do not follow where the path may lead. Go, instead, where there is no path and leave a trail.

Mary A. Banfield

Katherine Beach

B.A. Biology 1974, Goucher College

Diane Beebe

B.A. Russian Literature, New York University

Jacquelyn A. Beatty

Sc.B. Biology, A.B. English 1977, Brown Univ.

The best environment for living is one which allows the individual to learn, to grow, and to pursue their unique potential. We speak too often of "our patients." This is unfortunate. We must recognize them as individuals, rightful in demanding unique care. Our task then becomes nurturing their goals of growth and independence.

Sarah Bloy

Bernadette B. Boland

Transfer, Rutgers University

Alison Steneck Brehm

B.S. Bradley University

Lori Evelyn Brenner

A.B. Psychology 1971, Barnard College

For I am convinced that neither death nor life, Neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans 8:38,39

Mary Duncan Brust

B.A. 1962, Sarah Lawrence College

Janice R. Bunin

B.A. Biology 1979, Wesleyan University

Karen Leslie Bzdyk

Transfer, SUNY at Stony Brook

You see things as they are;
  and you ask "why?"
But I dream things that never were;
  and I ask "why not?"

George Bernard Shaw

All my thanks to "Mom", Paul, Lynette, and Park for always being there.

Sue Camus

My Dearest Papa,
  This beginning for me is dedicated in your remembrance. I know how proud you would have been; it is your pride in me that I shall cherish from this day forward.
  I love you and miss you. Rest in peace, my Papa.
  Always,
  Your loving daughter
    Susan

Barbara Caplan

B.S. Conservation of Natural Resources 1971, University of California at Berkeley

Mary Joe Castelli

Generic

Time is too slow for those who wait . . .
Too swift for those who fear,
too long for those who grieve
too short for those who rejoice.
But for those who love . . .
Time is eternal.

Henry Van Dyke

Blanche Carney

Susie Howard Catchings

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.

Philippians 4:6,7

Thanks Mom and Dad, for your love and support.

Sheree A. Chin

How can I possibly come so far, and still have so far to go?

Ashleigh Brilliant

Barbara Anne Cohn

Transfer, U.C., San Diego; U.C., Los Angeles; University of Washington

In me,
something scary and
wonderful
is always turning stiffness
into a dance —
it is the fire of life.

B. Ramos

To Mom, Dad, Becki, and Ruth, and to my dear friends — thanks for your unending support.

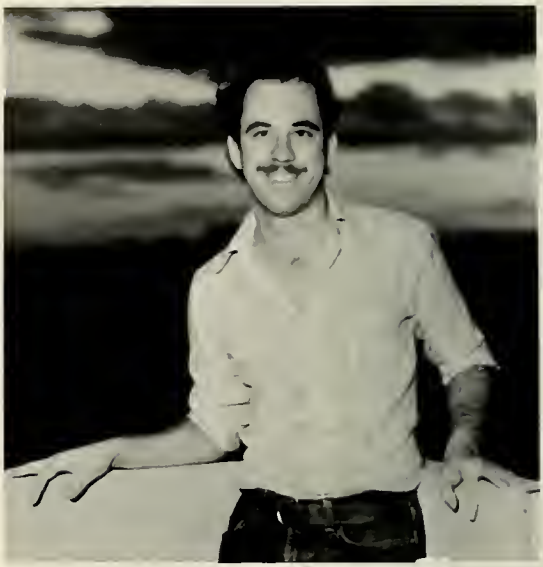
Rosemary A. Chapman

B.S. Biology 1979, Siena College

Life is made up, not of great sacrifices or duties, but of little things, in which smiles and kindnesses, and small obligations, given habitually, are what win and preserve the heart and secure comfort.

Sir Henry Davy

Janet Lynn Cook



Douglas P. Criswell

B.S. Psychology 1978, University of Pittsburgh

The same mind that complains it cannot think or concentrate has already thought and has already concentrated to make that assertion.

Mary Rose Corio

May The Divine Spirit That Animated Babe Ruth To Win The Crucial Game Of Life Inspire The Youth Of America!

Cardinal Spellman

Mary Elizabeth Daly

B.S. Health Science 1978, S.U.N.Y. at Cortland

Linda Christina Detscher

Compassion
is not
just something
you have
to give others
but an understanding
attached detachment
empathy that
you have
to give
yourself

Bernard Gunther

Kathleen S. Dargan

B.A. Biology 1979, Albertus Magnus College

The grand essentials of happiness are: something to do, something to love, and something to hope for.

Chalmers

Elizabeth Duff R.N.

1977, New Rochelle Hospital Medical Center
School of Nursing

Anne Dunne

B.A. Psychology/ Special Education 1976,
College of New Rochelle.

Angelyn Burke Estwick

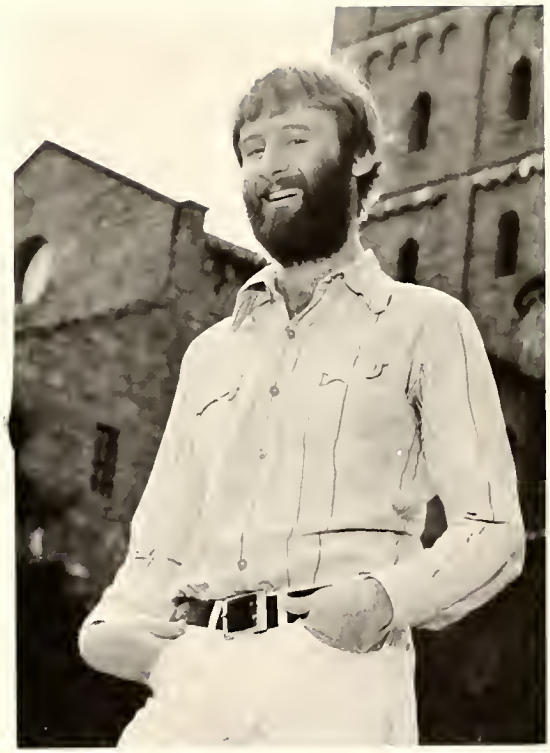
B.A. Theatre Arts 1975, Brown University

Shelley R. Favus

B.S. Biology 1976, Bradley University

I believe that man will not merely endure: he will prevail. He is immortal . . . he has a soul, a spirit capable of compassion and sacrifice and endurance.

William Faulkner



Robert B. Fearman

B.S. 1970, Fairfield University

You are what you imagine yourself to be.

Kurt Vonnegut Jr.

Mei Fan

Mary Patricia Fretz

Kiss today goodbye
And point me toward tomorrow.
We did what we had to do.
Won't regret, can't regret
What we did for love.

A Chorus Line

Sylvia Fibich

B.A. Psychology 1977, SUNY Binghamton

Nancy Gaughran

Beth Golden

Helen Geils

Nina R. Glueckselig

B.A. 1977, Vassar College

Eileen Gordon

Andrea Greenberg

Donna Goldstein

Barbara A. Gutierrez

Praise the Lord, and all that is within me praise
The Holy name.

Psalm 103:1

Ana Rita Guzman

Had I the heavens' embroidered cloths,
Enwrought with golden and silver light . . .
I would spread the cloths under your feet:
But I, being poor, have only my dreams;
I have spread my dreams under your feet;
Tread softly because you tread on my dreams.

William Butler Yeats

Amy Beth Greenwald

The small times count.
The inches not the miles.
Touches not tradition
will fill your memory
in the morning or the end.
And memories are
the only sanity
the world can now
assure us.

Rod McKuen

Debra Rose Hanna

B.A. English, University of Minnesota

Optima dies . . . prima fugit

Willa Cather's Virgil

Mary Ellen Hannon

Dear Mom and Dad,
Thank you for all the love, encouragement, and support you have given me. It has meant everything in the world to me.
I love you both very much.

Lori Hastings

Michael Durkin Higgison

B.A. Psychology 1974, University of Hartford

Ninety percent of it, I'll spend on whiskey, women and other good times. The other ten percent I'll probably waste.

Tug McGraw — anticipating his world series share

Nancy A. Hunt

Transfer, Houghton College

I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:14

Mary Tursone Ingriselli

B.S. Speech Pathology and Audiology 1977, Boston University — Sargent College

Successful people are dreamers who have found a dream too exciting, too important, to remain in the realm of fantasy. And who, day by day, hour by hour, toil in the service of their dream until they can touch it with their hands and see it with their eyes.

Earl Nightingale

Andrew C. Irish, R.N.

1976, Samaritan Hospital School of Nursing

Beth Ellen Jacks

A.A. Pre-Nursing 1979, The King's College

If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

Henry David Thoreau

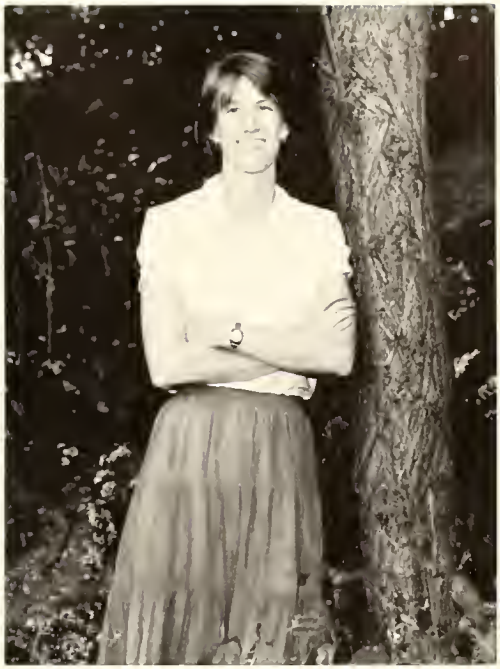
Jim Ives

We live on an insignificant planet of a hum-drum star lost in a galaxy tucked away in some forgotten corner of a universe in which there are far more galaxies than people. We make our world significant by the courage of our questions and by the depth of our answers.

Carl Sagan

Elizabeth H. Kilanowski

Generic



Julie Johnson

B.A. 1978, Wesleyan University

Paula Klausner

B.A. English 1975, Kirkland College

Sometimes I think I understand everything . . .
then I regain consciousness.

Ashleigh Brilliant

Barbara Kremer

Laurie Koshar

Hitch your wagon to a star.

Emerson

Martha Kuhl

University of California, San Diego

Doreen Ann Labartino

B.S. Dickinson College

Bridget Lane

Barbara Elizabeth Lee

Transfer, Glassboro State College

There is a divinity that shapes our ends,
Rough-hew them how we will.

Shakespeare
Hamlet

Jane E. Lennon

B.S. Biology 1978, College of William and Mary

Marjory Leight

Martina Letko

B.S. Biological Sciences 1980, University of Vermont

Thanks Mom and Dad for the 2nd round.

John Lintelman

Karen-Ann McAlevey

Transfer, Randolph-Macon Woman's College

If a man does not keep pace with his companions perhaps it is because he hears a different drummer. Let him step to the music he hears, however measured or far away.

Thoreau

Susan T. Lockhart

A.S. 1977, Colby-Sawyer College

Many thanks to my parents and my grandparents!

Renee Ann McAllister, R.N.

1976, St. Vincent's Hospital School of Nursing

Marian Dorothy McEwen

Gather out of star-dust,
  Earth-dust,
  Cloud-dust,
And splinters of hail,
One handful of dream-dust,
  Not for sale.

Langston Hughes

Sally McBratney

B.A. 1979, Lafayette College

Thanks Mom and Dad for all your support in every way.

Gretchen Mamis

Please don't ask me to keep in step. It's hard enough just to stay in line.

Ashleigh Brilliant

Kei E. Matsumoto

A.B. Biology 1979, U.C. at Berkeley

Don't think about the question . . . just answer it.

P. HoSang

So often,
below the words spoken
is a thing known and unspoken.

Harold Pinter

Jane Margaretten

B.A. Fine Art 1966, Temple University

If indeed you would know my worth, it is that I have more in my heart than upon my tongue, and more in my desire than in my hand.

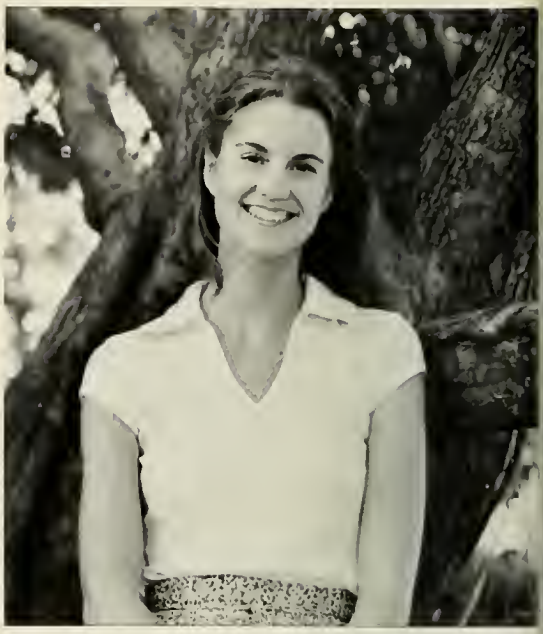
Kahil Gibran

Grace C. Mellin

1975, The King's College

And I pray that you, being rooted and established in love, may have power to grasp how wide and long and high and deep is the love of Christ, and to know that this love surpasses knowledge — that you may be filled to the measure of all the fullness of God.

Ephesians 3:17-19



Kathryn Mitchell

Transfer, Calif. State University at Sacramento.

Janice Michael

B.A. Biology 1979, Ithaca College

Live, Love, Laugh

Mary Morriss

A.B. Psychology 1981, Barnard College

Nous gangerions plus de nous laisser voir tels que nous sommes, que d'essayer de paraitre a ce que nous ne sommes pas.

Francois de la Rochefoucauld

Barbara Morgan

Susan Nadel-Cohen

B.A. English and Education 1965, Brooklyn College

The soul selects her own society,
Then shuts the door;

Emily Dickinson

. . . Thank God for Beth, Paula, Gretchen, Jane, and Patti.

Cindy Newman

B.S. Animal Science 1977, University of Massachusetts

God conceived the world, that was poetry
He formed it, that was sculpture;
He colored it, that was painting;
He peopled it with living beings, that was the grand, divine, eternal drama.

Charlotte Cushman

Thanks Mom.

Diana C. Newton

B.A. English/writing 1979, St. Lawrence University

Then wear the gold hat, if that will move her
If you can bounce high, bounce for her too
Till she cry "Lover, gold-hatted, high-bouncing lover,
I must have you!"

F. Scott Fitzgerald

Lindy Newton

Transfer, Oregon State University

I shall pass through this world but once.
Any good therefore that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer or neglect it for I shall no pass this way again.

Margaret M. O'Keefe

B.A. English 1969, College of Mount Saint Vincent

Judy Pattullo

B.A. English 1979, N.Y.U.

Since people are going to be living longer and getting older, they'll just have to learn how to be babies longer. I think that's what's happening now. Some kids I know personally are staying babies longer.

Andy Warhol

Peggy Parish

Adalgiza Quezada

Judi Prevorsek

Transfer, N.Y.U.

Thanks to Michael for all your love and support and especially to Mom and Oci for your endless love, generosity and patience.

Jacqueline Powell

Jenny Quinones

A.A. Liberal Arts — Pre-Nursing 1979, Elizabeth Seton College

There is no higher purpose than human service . . . to work for the common good is the greatest creed.

Albert Einstein

Susan Reilly

Linda A. Rodgers

B.A. 1977, Wells College

For encouraging me to explore the world and for understanding when I get off course, Mom and Dad, thanks — again.

Roxanne Rodrigue

B.S. 1975, University of Houston; M.S. 1977, University of Texas School of Public Health

Linda Ann Rowett

Love when you can
Cry when you have to . . .
Be who you must
That's a part of the plan.

Dan Fogelberg

Gertrude R. Rosner (Kitty)

B.A. Psychology — Sociology; M.A. Sociology
New York University

To Thine own self be true and it shall follow as the night the day that thou cans't not be false to any man.

Shakespeare, *Hamlet*

Mary Santelli

Transfer, Barnard College

Gitl Schaechter

B.A. Russian 1979, Barnard College

After the coffee things ain't so bad.

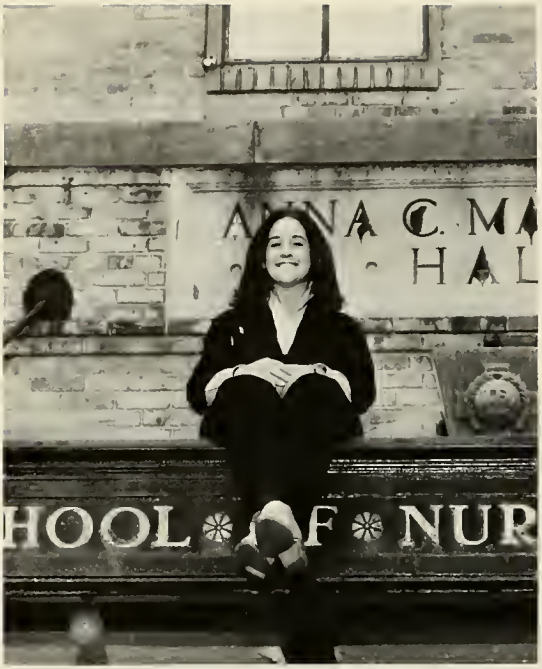
Henry Herbert Knibbs

Valerie J. Sands

Transfer, Rensselear Polytechnic Institute,
School of Architecture

If I had my life to live over . . .
Next time
I'd start barefooted earlier in the spring
And stay that way later in the fall.

Frank Dickey



Sharon Scherl

Transfer, University of Vermont

I can't make people like me but if,
I wasn't me,
I would like me.

Elissa Rachel Schirmer

Transfer SUNY at Stony Brook

Ruth A. Schlageter

B.S. Biology 1979, Fordham University

Margaret Schwarz

Transfer, St. John's University

Anna Carin Seadler

It's dark behind the scenes. You can see the audience applauding, open-mouthed with delight, following the speeches and blinded by the multicolored lights . . . You can see the actors too, playing their roles . . . Life is an enormous theatre where by no means everyone is east in the role he was meant for.

Svetlana Alliluyeva

Patricia Schulte

If God were just
We would be born old
And achieve youth about
The time we'd saved
Enough to enjoy it.

Jim Fiebig

Aile Shebar

In New Mexico I lived with one view of reality in harmony with the visual space, vast mountainous horizons, and mixed cultural background. There are no limits to the expansion of the human spirit.

In New York, amid the edificial monuments to commerce and industry, another reality is lived with. Survival of the human spirit depends upon our continued ability to protect, nourish our human bodies, heal our societal ills, and use the technology we have created for the benefit of the human race, not its destruction.

I pledge my own life to remembering and balancing these two realities, as a health professional and a human being.

Tania Jeanne Shiminski

A.A. 1979, Simon's Rock Early College

May the road rise up to meet you,
May the wind always lie at your back.
May the sun shine warm upon your face,
And the rains fall soft upon your fields.
And until we meet again,
May God hold you in the palm of His hand

An Old Irish Blessing

Special thanks to Mom and Dad for all their dedication, support, and love.

Anne Shelley

Beth Paula Shulman

B.S. 1976, University of Vermont

?
??
???
!

ee. cummings

Lisa M. Simon

B.A. 1979, University of Rochester

Nina Shippen

Amy Tyler Smith

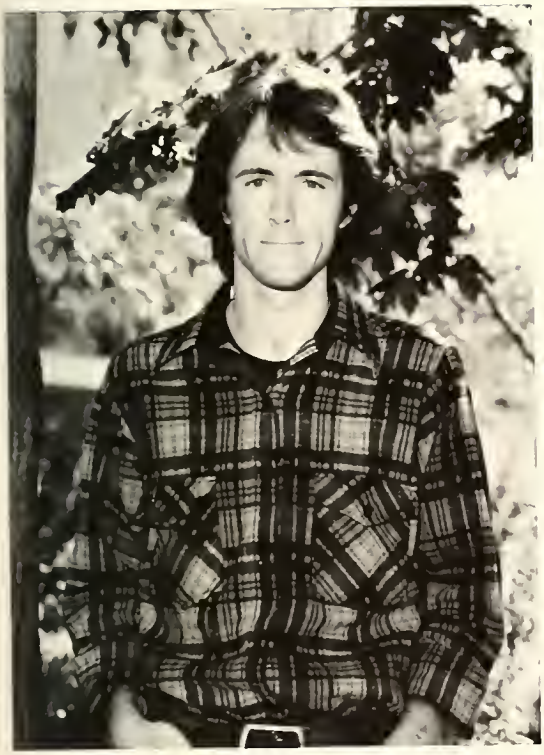
Transfer, Ithaca College

Ellen Rose Soley

Vira N. Sochan

Generic

Janet Sottile



Keith M. Thibault

B.S. 1974, University of Vermont

It's not over 'til it's over.

Yogi Berra

Martha Standish Spiro

Transfer, Colorado College and Truman College

Sharieve Unger

Transfer SUNY at Binghamton

Though nothing can bring back the hour
of splendor in the grass
of glory in the flower
we will grieve not; Rather
find strength in what remains behind.

William Wordsworth

Janice L. Thomas

Calvin College

O taste and see that the Lord is good: blessed is the man who trusts in Him.

Psalm 34:8

Lois Umar

Diana Elena Vera Gonzalez

B.S. Science 1979, Fordham University

Mom — Dad — Thank You!
You gave me the feathers.
I made my wings.
I Love You,
Diana

Diana J. Van Benschoten

Transfer, Denison University

Yesterday is already a dream
and tomorrow is only a vision;
but today, well-lived,
makes every yesterday a
dream of happiness,
and every tomorrow
a vision of hope.

Lisa Helene Verni

To my family,

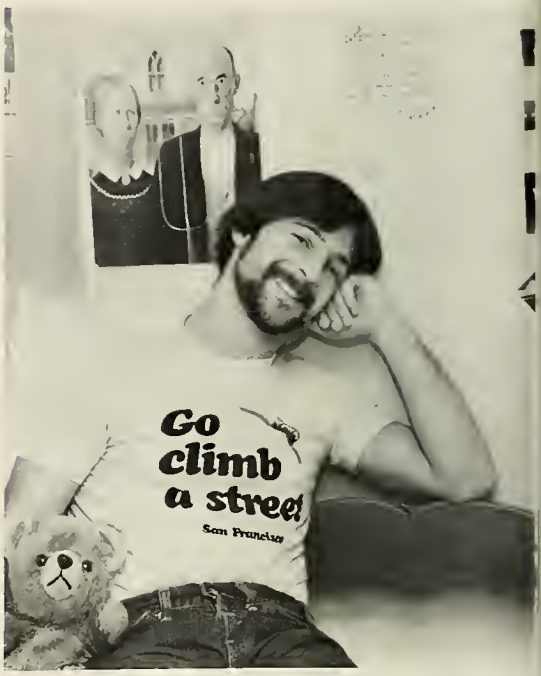
No words can express how thankful I am for your guidance, wisdom and understanding, in good times and bad, that you have given me over the past four years. These are years of my life that I will never forget and I owe it all to you.

All my love,
Lisa

Diane Volovar

Generic

It is not how much we have, but how much we enjoy that makes Happiness.



Bruce A. Wagman

B.S. of A. 1979, Cornell University, College of Agriculture and Life Sciences

I am the sea: Never Really Sure. Born in Ithaca to smash mirrors. "My theme changes with the color of morning: only that much is certain." Still busy being born, all that ends is over. Just trying to have some fun — forever young — Peter Pan had it made. Hft!

Shelley Wald

City College; B.A. Psychology 1974, SUNY at Buffalo

It is only with the heart that one can see rightly; what is essential is invisible to the eye.

Antoine de Sainte-Expupery

Gale Elizabeth Warton

B.A. Psychology 1979, University of Illinois at Chicago Circle

Two roads diverged in a
wood, and I —
I took the one less traveled
by,
And that has made all the
difference.

Robert Frost

Janet Williamson

Transfer, Houghton College

We are His people and the sheep of His pasture.

Psalm 100:3

Tamara Joan Wheeler

Transfer, Houghton College

The Lord is my light and my salvation; Whom shall I fear? The Lord is the stronghold of my life; Of whom shall I be afraid?

Psalm 27:1

Paula Winter

Transfer, Wheaton College

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is insight.

Proverbs 9:10

Not Pictured

. . .Alawia Bakheit
Ken Bertang
Lauren A. Birnhak
Lyn Finelli
Joyce Fischer
Susanne Greenblatt
Joy Hendricks
William Jacobowitz
Jackson Jennings
Kay Kaiser
TaeSook Kim
Geraldine Krotec
Janna Lesser
Judith Loach
Marina Mokhoff
Susan Molnar
Glenda Pollard
Louise Revis
Gary Rohrs
Linda Starck
Rose Tirelli
Linda Zonenberg

the role of a student is a condition of ongoing stress

NOTES

II Objective
1 a.2
a.23
a.234

BARFOLOGY & FISHOLOGY

LR

RUN for TOUNGEBLADE!!!

Contra indicated!

Nurses: treatment person
understand people
open system capable of change

here

a continuum without limits

Set. II
10/15/80
Bowel Obstruction

PROCESS OF SCHIZOPHRENIA

INCIPIENT FACTORS

CATATONIC

Questions
How? why? who? why coming now? extent?
force? how concerned is the family member?

STOMAL
Ileum
Conduit

Disease Process here

Objective = understanding of research process

STOP

Interpersonal relationships
- listening important

TAMPOONS?

Development of Nursing in the Modern Era

Theory
Research
Practice

Boring, boring, boring!
Adrrrgh!

Fig 1

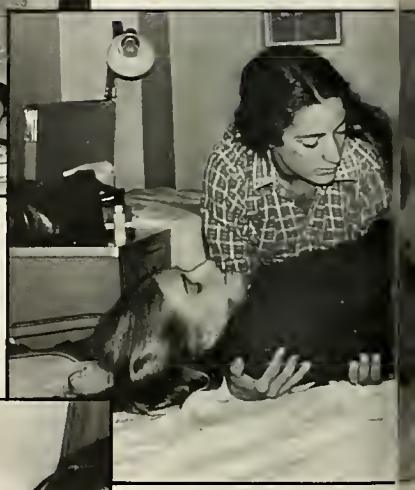
FLAGELLATE!
ex Giardia Lamblia
Chocolate-chip

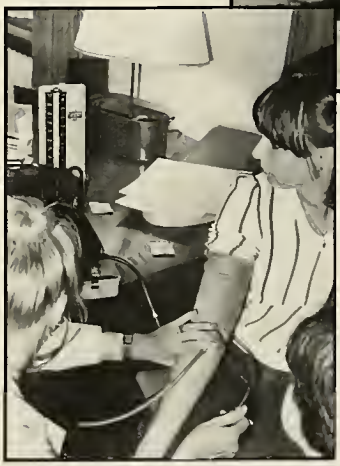
intestinal wall they
most of its nourish.

ECG
Lead 2

QRS
Repolarization

JUNIORS





NIKE

Cathedral

Top Row: Lisa Hildebrandt, Barbara Ross, Clodette Mardini. Bottom Row: Ellen Hintz, Pamela Plotkin.

Laura Seminatore, Judy Berk-Levine, Kim Wright.

Top Row: Sandra Fiorentino, Alisa Herman, Karen Magruder. Bottom Row: Anthea Vincent, June Tsai, Johannah Gordon.

Top Row: Meredith Jaffe, Lisa Bell, Clodette Mardini. Bottom Row: Diane Crouch, Jane Fedus, Alisa Herman.

Top Row: Mary Raynault, Kathi Martikainen, Ann Dubuque. Bottom Row: Debbie Buchanan, Nina Kayeum, Peggy Day.

Virginia Hollyday, Charlotte Pumphrey.

Charlotte Hamlin, Janet Standard, Linda Shannon.

Regina Naegele, Elaine Mahoney.

Top Row: Marilyn Paul, Roselyn Nisenbaum, Susan Stahl. Bottom Row: Michele Kalman, Varda Appleton, Kathi Martikainen.

Top Row: Lynn Grossman, Tina Pavane, Ann Dubuque. Bottom Row: Judy Berk-Levine, Kim Wright.

Top Row: Cheryl Kennedy, Vanessa Rowland, Ann Swido. Middle Row: Martha Tripp, Betsey Kuehne, Cindy Fountain, Cathy Christy, Prissi Cohen, Dana Pagella. Front Row: Debra Scheiler, Kathy Herron, Nancy Goldberg, Lara Sargent, Nina Odrich.

Top Row: Linda Pinsky, Patricia Noonan, Lorin Carlson. Bottom Row: Constance Colter, Joanne Fox, Clare Ippolito.

SOPHOMORES

Pizza at V&T's.

Spring fever on the library steps.

"What subway do I take uptown?"

Livingston Happy Hour

Hungarian Pastry Shop for coffee

Library raids by the marching band the eve of the Organic exam.

"What time are you going to the Pub?"

Toga Party

"We *have* to move to Maxwell Hall?"

Top Row: Jeanette Jicha, Sue Hoffman. Middle Row: Tracy Farah, Donna Lumsden. Bottom Row: Susanne Braz.

Top Row: Mara San Antonio, Penny Pencerev, Sheila O'Hanlon. Bottom Row: Sharon Keim, Clare Sullivan, Carolyn Storck.

Top Row: Maureen Casey, Maria Geiselhart. Bottom Row: Joy Becker, Maureen McGann, Sharon Goldrich.

Top Row: Janet Harmon, Cheryll Glaspy, Rise Rensi. Bottom Row: Dianne Gee, Zulay Fernandez.

op Row: Robyn Verni, Mary oodwin. Bottom Row: Robin lcKeon, Esther Chipps, Lynne ustern.

Thibault/80

The Heaven —

Thibault/80

and Hell in . . .

Our Lives.

It's 9 A.M. and . . .

. . . time for a hearty breakfast.

. . . here we go again.

. . . I refuse to go.

. . . I just rolled out of bed.

. . . I studied for the wrong exam.

Problem Statement: Insecurity giving injections.

S: "Oh, why me?" "Now what are the side effects of demerol?"
"Draw back . . . draw back . . . "

O: Pallor, diaphoresis, flatus, polyuria, biting nails, nervously fumbling through drug cards, 10 lb. weight loss

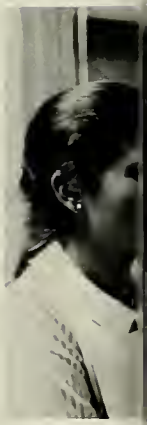
A: Student nurse is anxious.

P:
1) Assess level of anxiety
2) Assess student's coping mechanisms
3) Allow student to express feelings
4) Give emotional support
5) Daily weights
6) Maintain adequate hydration
7) Check I and O
8) Assess student's knowledge and ability to administer I.M. injection
9) Have student observe instructor administering I.M. injection
10) Have student state steps in giving injection
11) Have student return demonstrate by injecting orange or offer self
12) Have student give injection to pt.

d/c Demerol now

Who Said That?

"And for tonight's recipe: 'Cow Heart Stroganoff'."



"I know the staffing is poor here, but you really shouldn't be delivering babies by yourself."

"On behalf of the Admissions Committee . . ."

"No, Ada, you can't take your patient to Tom and Sal's for cocktails."

'You people really get on my cranial nerves."

"If you can fill out a form, you can use crutches . . ."

"Gee, maybe we should curve these exam grades after all."

Helen F. Pettit
Associate Dean (Nursing)

JoAnn S. Jamann
Dean (Nursing)

After five years as Associate Dean and a career of forty years with the school, Dean Helen F. Pettit retired this spring. We bid her a fond farewell as we welcome our new Dean, JoAnn S. Jamann.

Dr. Jamann comes to us from Chicago's Rush-Presbyterian — St. Luke's Medical Center/ Rush University. There she served as Associate Dean, Assistant Vice President, and professor of nursing. She was on the faculty at the University of Pennsylvania School of Nursing from 1965-1976. In her last four years there she was Coordinator of the Graduate Division. She is a specialist in gerontologic nursing and has been involved in the development of national professional forums on doctoral education. Dean Jamann's own education consisted of a diploma from the Robert Packer Hospital School of Nursing in 1953; then a B.S.N. in 1962 and a M.S.N. in 1965, both from the University of Pennsylvania; in 1974 from the Lehigh University School of Education she received the Ed.D. with a major in higher education.

Dean Jamann is the first full Dean of the School of Nursing which has traditionally been directed by an Associate Dean. Both faculty and students are developing a working relationship with Dean Jamann that is hoped will contribute to continuing improvement of all programs at the Columbia University School of Nursing.

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Departmental Administrator

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Undergraduate

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Assistant Professor of
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Smriti Panwar

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Jeanette H. Coleman

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Mary A. Megel

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Lucille D. Teare

Not pictured: Sarah Cook

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Mimi Donius

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Phyllis Lisanti

Anne E. Kellett

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Brenda H. Salakka-Zinamon

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Rita McDonald

Eileen Leo

Ethel Crawford

Barbara Berry

Anita Flynn

Staff

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Lenore Greenberg

Judy Abreu

Mildred Koester

Fantasy?

Standing in the kitchen of her castle, "El Villafuerte", Carter Poslusny knew she was lucky to be among the survivors of the Pan-war. In spite of a bright, Cleary day, she could not forget the terrible deaths of her friends, Mannetti, Jones, and Smith. Remembering them Kneeshawling down and being burned to Ash brought a Teare to her eye.

Instead of throwing a Fitzig, she began to Cooke. Perhaps a Kellet of stew would make her feel better. Recipe: Add one deboned Fruit Batt, ¼ cup Ma-honey, 2 tsp. Zinamon, and ½ lb. #9 Russoni spaghetti. Place all ingredients in large pot with 1 qt. water. Boil for 30 min. on Coleman stove until spaghetti is tender.

"Ah!" she exclaimed. "I'm not going to let the HoSang conquest depress me. I'll ask my dear friend, the Earle of Messler over to share a bottle of fine Lisanti red wine."

Jumping into her 1915 Fernandez she sped down Alexionton Avenue. Maid Robertson answered the door with her usual cheerful smile. She bounded up the stairs knowing she would find her friend at work on his Bross-art.

"Oh, sir", she said, "dearly belobed one, come with me for an ebening of sheer culinary delight. My table is set and my best stew prepared. We will eat, play cards and shoot Bre-dice. What fun we will have, let us make Merry! Jaffe, my butler, will bring us Donius and coffee and can Ber-disco to entertain us." "Why, thank you", he replied, "and let us invite the Wizard of Oz-demir too."

The End

Rosemary A. Chapman

LIVE FROM MAXWELL HALL!

John Kennedy
Director of Housing and Real Estate

Shirley Doyle (right), Receptionist
Not Pictured: Kathy Bigger, Michelle O'Hara, Frances Healy.

Rita McReynolds, Receptionist

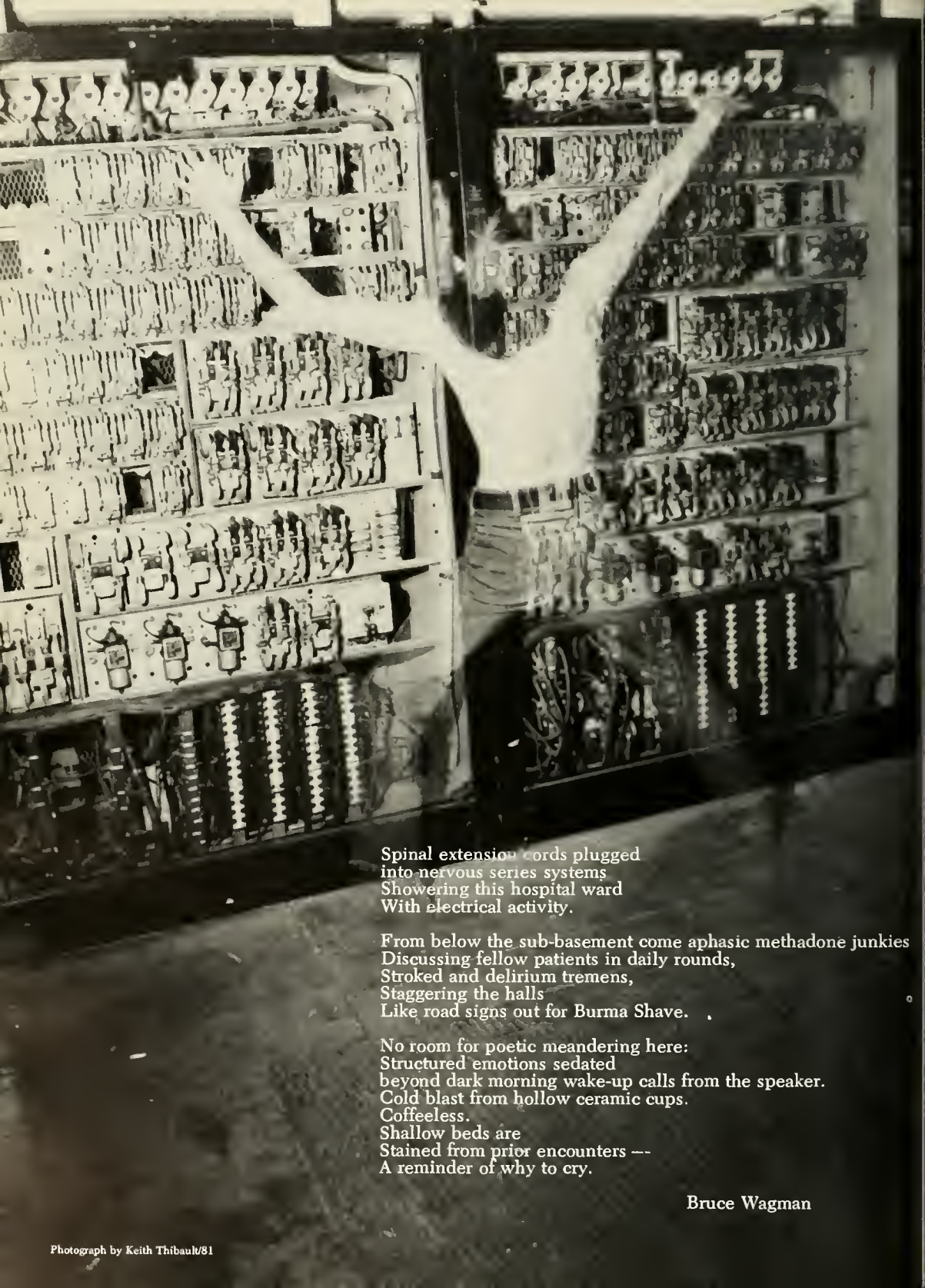
The Housekeeping Staff

Top Row: Gertrude Kinsey, Ella Jenkins, Lucy Bruce, Louise Foston, J.B. Hicks, Juanita Carlton. Bottom Row: Margeret Ray, Litton Williams, Santa Ranke.

LIFEGUARDS

Pat Noonan (left)

Cindy Fountain (right)



Spinal extension cords plugged
into nervous series systems
Showering this hospital ward
With electrical activity.

From below the sub-basement come aphasic methadone junkies
Discussing fellow patients in daily rounds,
Stroked and delirium tremens,
Staggering the halls
Like road signs out for Burma Shave.

No room for poetic meandering here:
Structured emotions sedated
beyond dark morning wake-up calls from the speaker.
Cold blast from hollow ceramic cups.
Coffeeless.
Shallow beds are
Stained from prior encounters —
A reminder of why to cry.

Bruce Wagman

Photograph by Keith Thibault/81

IN
CELEBRATION
OF

FREE
TIME

ACTIVITIES

Glen Cove
(Everyone's entitled to her own point of view.)

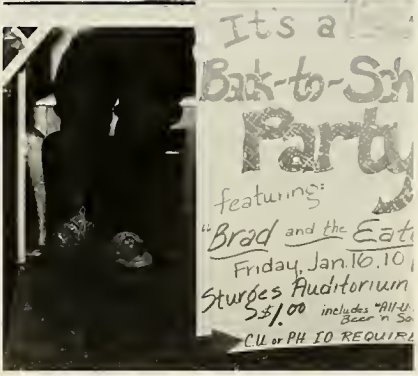
Trick or Treat
at Babies Hospital

Maxwell Hall Health Spa

Christmas Caroling at PH

Faculty/Student Christmas Party

Parties . . .



parties . . .

and more parties . . .

A Poem

Out of somewhere
we all leave and never remember
appears a black cap of hair
and in a moment tense enough
to knock the wind out of you
out curves the forehead,
a blanched expanse of skin
almost wrong in its granite paleness.
But then it slips out, the face real,
shoulder by shoulder climbing
into our expectant activity.
Hands gather the plain slick body,
the little fellow
who like a mole swam to our surface
through a curved tunnel
of earth. The mother sighs,
there's a small yell that strikes
the air like a spark. He's born.

Judy Pattullo

You are travelling through another dimension. A dimension not only of sight and sound, but of mind. A wondrous journey, through time and space, of things and ideas. Look — the signpost up ahead

— The Twilight Zone . . .

PLEASE

Clinical And Class

. . . And so we arrived in N.Y.C., eager to become great nurses, to save the world!

They tried to make us think it would all be so easy!

The classes seemed stimulating, at first . . .

Ahhh, but then reality set in!

We desperately needed support . . .

. . . And found it, being the resourceful students that we are.

Seeking nourishment at Barf — opps! — B-A-R-D Hall . . .

. . . we're still searching.

Clinical let us prove our capabilities . . .

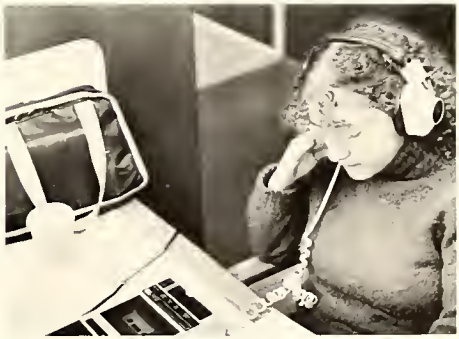
in getting there . . .

and in caring.

Of course, we *were* warned that *some* paperwork was necessary!

But it was worth it.

Partying . . .



Studying . . .

Discussing . . .

Drinking that blessed brew . . .

WE MADE IT THROUGH!

Organizations

Student Government Association

Left to right, Front row: Gwyneth Lymberis (Jr Rep Curriculum Comm), Barbara Kremer (Pres), Linda Rowett (Sec) Second row: Rosemary Ash (Advisor), Tania Shiminski (Sr Class Rep), Alisa Herman (Vice-Pres) Third row: Laura Seminatore (Rep Bd Govern Hlth Serv), Linda Pinsky (Jr Class Rep)

Not pictured
Jackie Beatty (NSNA Rep)
Maureen Casey (Treas)
Rosemary Chapman (Yearbook Co-Ed)
Esther Chipps (Soph Rep Curriculum Comm)
Alice Freyer Bonner (Sr Rep Curriculum Comm)
Diane Gee (Soph Rep Adm Comm)
Maria Geiselhart (Soph Class Rep)
Karen-Ann McAlevey (Rep Acad Griev Comm)
Kathy Mitchell (Yearbook Co-Ed)
Judy Pattullo (Rep Bd Govern Hlth Serv)
R. Lara Sargent (Rep Multi-Media Comm)
Paula Winter (Rep Acad Griev Comm & Sr Rep Adm Comm)

Diana Bassil (University Senator)

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Left to right, Front row: Linda Rowett, Gale Warton, Prissi Cohn, Penny Pancerev, Ellen Soley Second row: Lisa Bell, Margie Leight, Linda Rodgers, Linda Rutman-Lewin, Dana Tenenbaum

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Lisa Simon
Gale Warton
Tammy Wheeler
Mary Tursone

Medical Center Christian Fellowship

Left to right, Last row: Mary Smith, Kathy Mitchell, Beth Jacks Second row: Cecil Matthew, Tammy Wheeler, Nancy Hunt, Maria Auletta Front row: Susan Stahl, Martha Tripp, Kurt Endow, Grace Mellin

Resident Assistants

Left to right: Gale Warton, Carol Roberts, Teres Wright, Linda Rodgers

Thanks for caring enough to climb through the window.

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Special thanks to:

Rosemary Ash, Hunter Publishing Co., and Thornton's Classic Studio.

Barbara Lee, Art Co-Ed.

Linda Rowett, Art Co-Ed.

Judy Pattullo, Copy Ed.

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On Becoming a Nurse

A Definition of Success

To laugh often and much; to win respect of people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to leave the world a little bit better, whether by a healthy child, a garden patch of a redeemed social condition; to know that even one life breathed easier because you lived. This is to have succeeded.

(Anon.)

Sometimes I marvel at how each and everyone of us began as a small seed too miniscule to have much if any potential realized. When I think of the strength, the energy, locked in every newborn, I am awestruck.

On a less global level, I consider my own existence, my potential, and what becoming a successful nurse has meant and now means to me. Caring and giving I equate with success, and both I equate with nursing. I have wanted to be a nurse since I was about five. Already at that time, I sensed that nursing was a people oriented profession. I liked that idea. Dancing around the house as a young girl with a second-hand, faded nurse's cap on, I longed for the day when I would wear a "real" cap.

Now, eighteen years later, I am approaching my life-long dream. In this last stretch of nursing school, I am busily trying to absorb all the essential nutrients necessary to provide effective nursing care. Yet, I have a need at this time to reflect upon the growth process that has brought me to the point of putting my nursing dreams into action.

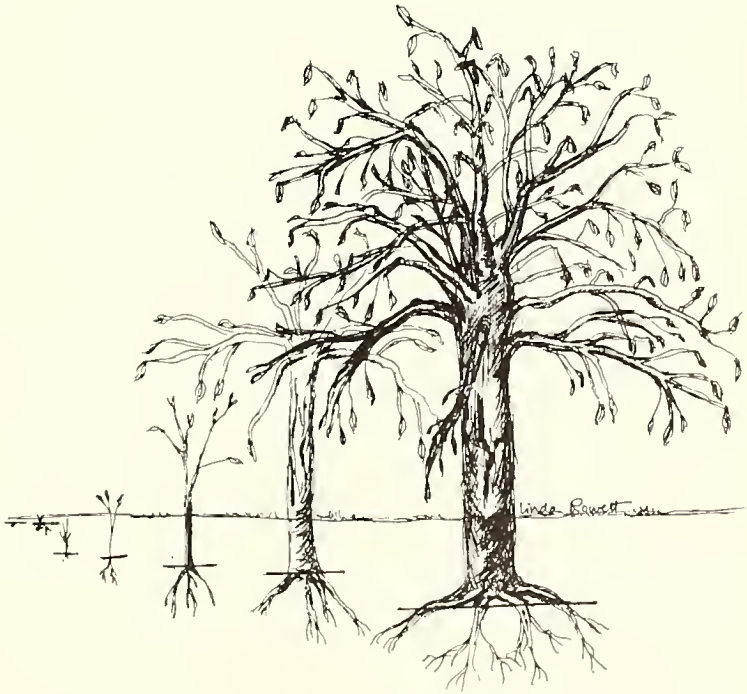
I am forced to remember cold winters at big universities taking what seemed to be endless prerequisites for nursing school. I think of isolating experiences where I expended energy trying to cultivate roots in a profession where too often forces seemed to be washing away the ground where I toiled. Before I entered nursing school, I saw less than optimal care being provided to patients by nurses and other health professionals in a variety of settings. It was frustrating, but I moved ahead. I continued to view nursing as mainly a caring profession, until I started nursing school at Columbia last year.

By being at Columbia, I have learned that nursing is indeed what I thought it to be, but it is much more too. Nursing is spiritual in my eyes, but I also now believe it includes a fine meshing of all the sciences. I have learned, as a student in nursing, that "caring" must mean understanding health and illness in terms of the sciences in addition to meaning compassion.

"The art of nursing must not be buried in the science," stated Leah Curtin. While I have always agreed with that, may I add that neither should the science of nursing be buried in the art. While initially this realization was painful for me, it is one of the many nursing-related conflicts which, at this point in time, I have resolved. Although I know that in this profession I will grow for ever, I no longer feel like a seedling. My roots are now firmly planted.

Because of the rich soil that nurtured me, I have persisted and survived. The supportive environment which allowed for this has been provided by many. My family and friends have helped me endure. Columbia School of Nursing, its sensitive faculty members, and my spirited classmates have all played a part in turning my age five fantasy into a reality.

All challenges which in the past seemed like obstacles, have lead me to new growth and increased self-awareness. During my own growth, I have watched my classmates also cultivating their roots, and I am proud of them. Happy finally to be among a crop of new nurses, I revel in this moment.



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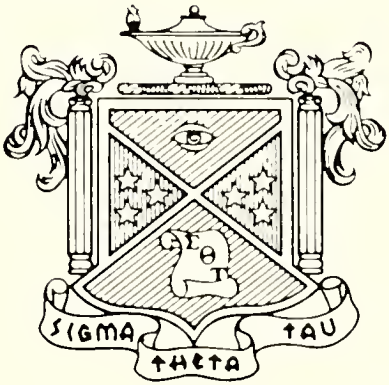

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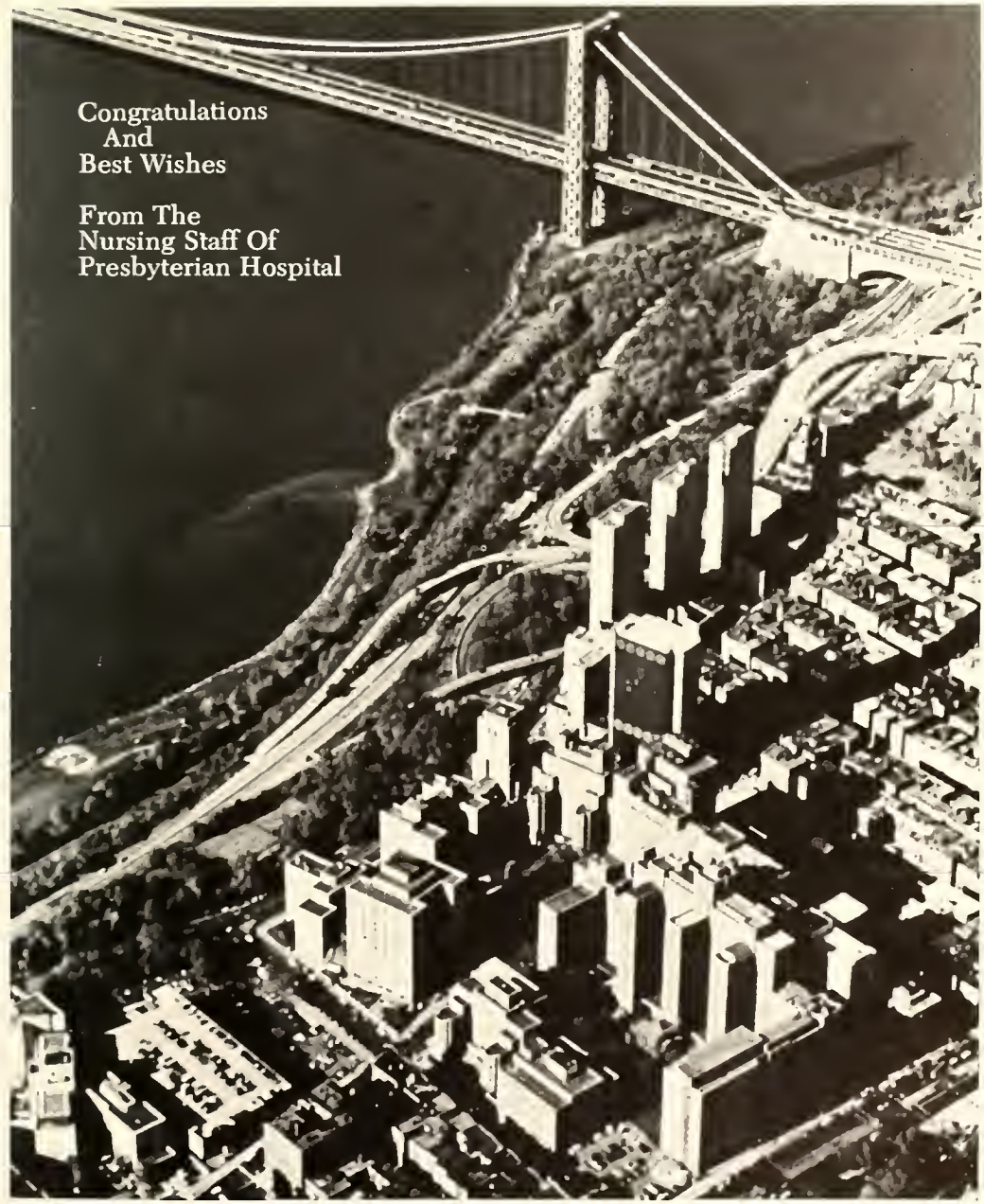

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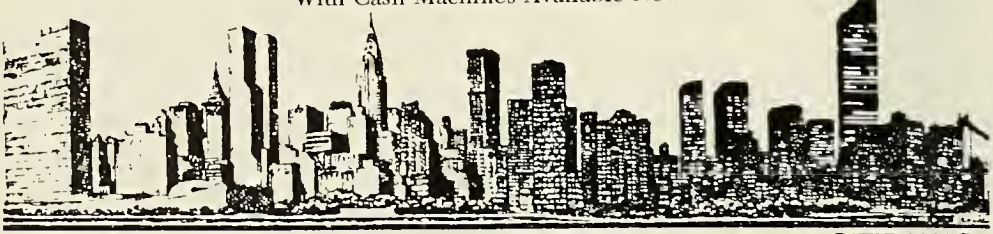

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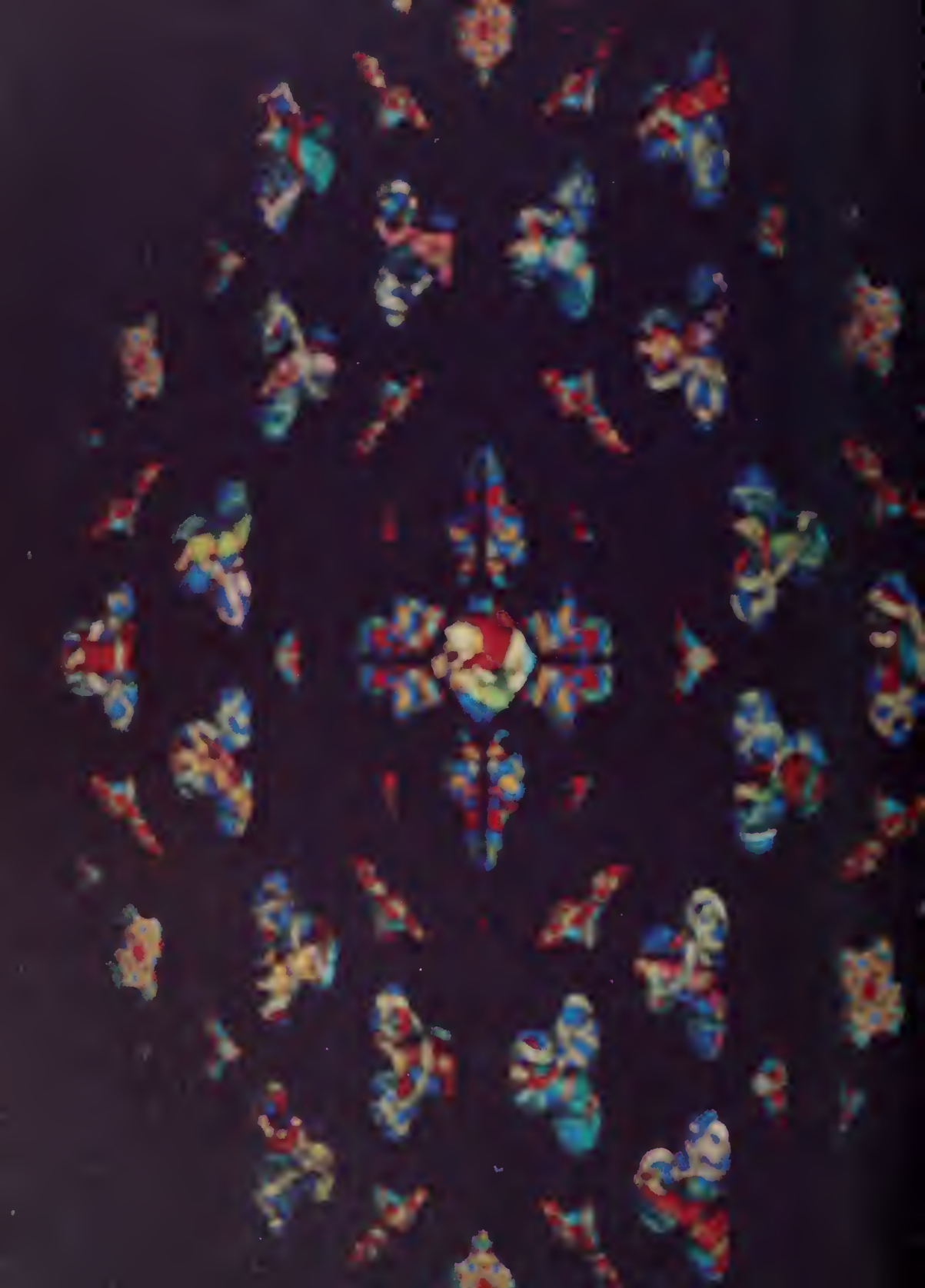

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